

# Daily Word



APRIL 1956

# Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

ILLUMINATION (11 a.m.): The Mind that was in Christ Jesus is in me and gives me wisdom and understanding.

PROSPERITY (12 noon): The Mind that was in Christ Jesus is my resource, and I am raised to His consciousness of infinite abundance.

HEALING (9 p.m.): The Mind that was in Christ Jesus is in me, and I am raised to His consciousness of wholeness and perfection.

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# DAILY WORD

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## *Rejoice for Joy*

JAMES DILLET FREEMAN

**W**E MIGHT all be more truly religious if like David we sometimes danced before the Lord and sang Him happy songs.

Often we think of God as love or intelligence or power or life. But how rarely we think of God as joy! Yet, think what the world would be like without joy in it. It is only the joy of love that makes us want to be loving and the joy in intelligence that makes us want to know. It is the joy of power that gives us the will to do and the joy in life that gives us the will to live.

Most of the time religion is a solemn affair, and we think of God as immutable law and implacable law-giver, awesome and absolute. God is infinite, and the infinite includes the joyous aspects of being.

God is not a god of sorrows. He is the joyous One. It is a kind of blasphemy to think of God as sorrowful. God is the very Spirit of joy, pouring forth joyousness. The world was formed out of joy. God's joy overflowed, and the world was formed out of its overflowing.

Sadness could never have conceived life. Life,

this everlasting bubbling up, this never-ceasing springing forth, this prodigality of creatures, this fantastic exuberance of shapes and forms, this excess of inventions and surprises, could be only the product of a Spirit of joy. At the heart of things, there is a flame, a dancing flame, a singing flame, a soaring flame, and at it we can warm our hearts.

There is sadness and trouble. But underneath the trouble, working through all, there is the urge toward joy! It is this that gives even the trouble meaning. It is because we sense the joy which might be that we are so troubled. Sorrow is our sense of dissatisfaction with things as they appear. We are dissatisfied because we sense that they might be otherwise.

Some men have taught the denial of joy. They have felt that life is so full of suffering that the course of wisdom is to shut out all feeling. Or they have taught that God wills suffering, that by suffering here men earn heaven hereafter.

But man's spirit turns as naturally to joy as a root to water or a leaf to light. If we are not joyful, we feel instinctively that something is wrong. Joy is not only right for our own sake, we owe it to others, we owe it to God.

Life is the good work of a good God, a God who meant man for good, who meant life for good, who meant the world for good. God does

not require that every joy be paid for by a sorrow. What kind of a God would dole out His joy at such a rate?

Joy does not come out of sorrow, or sorrow out of joy. Does hate come out of love or ignorance out of knowledge? Joy comes out of a joyful spirit, as water out of a spring.

Because we are part of life, we have the experiences that are part of life. Some of these are easy, some of them hard. But the easy experiences we can meet rejoicing, and the hard we can meet triumphant. For it is the nature of this dreamer and builder, man, as God's son, that he need not accept things as they are but can change them into something better. And this he is constantly striving to do: to turn the wilderness into a garden, to make the desert bloom, to build dikes against the sea, to change poverty into riches, sickness into health, war into peace, death into life; to remake himself and the world nearer to the heart's desire, the heart of love whose infinite compassion encompasses all things.

This is the great condition of man's being: that he need not settle for pain, for poverty, for limitation, for death! He may settle for them but he does not have to. And always, here and there, the true heroes of the race are refusing to settle for them, illumining some area of ignorance, making

poverty retreat another step, forcing sickness to give up its domain, rolling death a little farther back, making chaos yield to order, making the lesser change for the greater, making the old give way to the new, winning the victory for man, for life, for joy, for God!

We are alive, the children of life. We have hands and a heart and the power of thought! We are not molded by things, things are molded by us. The stuff of the universe is ours to grasp and shape and change.

Man's advances are not paid for by retreats. As with a mountain climber, the highest point he reaches becomes the base camp from which he starts his next attempt until at last he scales the peak. This is the whole history of man, the whole story of life.

It is not when life asks least of us that we get the most from living, but when life asks most of us, when life makes the greatest demands on us. Man is nearer akin to the tree that grapples at timberline with rocks and winds and sun and frost than to the hothouse orchid.

Life is joyous. It may not be easy, it may be hard in the sense that writing a poem or building a house or running a four-minute mile is hard.

Comfort may be joy but joy is also discomfort. The runner in the race, his breath like a flame, may

be at the full stride of joy. The men who climbed Mt. Everest, hungry, weary, panting, frozen—were they not at the peak of joy? After that summit what will not look like plains—unless they discover the Himalayas of the heart and mind that rise infinitely higher and are harder yet to climb?

The gardener, spading, tilling, planting, weeding, watering, tending, wrestling with reluctant soil, has found joy.

The composer, working for weeks on a single passage of his symphony, giving up food, companionship, sleep, has found joy.

For joy comes from being what we were born to be. This is the whole secret of joy: being that which we were born to be, doing that which we were made to do.

We can be happy or unhappy with or without things. There is no assurance of joy in gaining things or in giving them up. A banker may be happy or unhappy. So may a monk. Not what we have, but what we are—this is the measure of our happiness. To be less than what we might have been is to fall short of the joy we might have had. There is no goal worth stopping at except the goal of the whole man. The whole man is three-fold, body, mind, and spirit.

In the course of life we may experience pain, but that does not mean that the good will of God



or the good way of life is pain. We are like children learning to play a musical instrument. We are learning to play the song of life. Now we may stumble over hard passages, but the song the Composer has written is a joyous, beautiful, a triumphant song. It is not an easy song, but it is a beautiful song. It is the song of the sons of God! And this is the true art of living: to hear the song God has written even when we cannot play the notes.

Some men feel that joy is shallow. But if there be a bliss of ignorance, there is a bliss of comprehension, too, a deep joy given only to those who see deeply into the meaning of things, so deeply that they reach the eternal truth at the core of the changing facts and see that nothing is meaningless, and that the meaning is good.

Joy is an achievement, not a gift but earned. Joy shows the mettle of the mind. The joyful ones are usually not those who have had little to meet, but those who have met much.

Joy is the sign not of shallow thinking, but of a deep faith. Anyone can give way to despair, but only those who have faith in life and love for life keep going when the way grows hard. Not those who resign themselves to sadness but those who keep faith in the good and continue to expect the good in the face of what looks like certain failure

and defeat, are those who win to joy—for themselves and for mankind. The small boy whistling in the dark and keeping on his way is a symbol of the whole human race.

The spirit to whistle when we do not feel like whistling, the heart to sing when we do not feel like a song, the faith to affirm the goodness of God when we see no facts to justify our affirmation—from these has the greatness of man sprung, with these have the victories of life been won.

It is not the dour and downhearted who are best able to bear pain if it comes, but the happy-hearted. These make the best of pain as they make the most of pleasure.

A happy heart may not assure you that you will have nothing to meet, but it does assure you of a happy heart with which to meet it. And a happy heart will bear time's strains, as a dancing spring of steel will bear strains that will break the stoutest rod.

You can have the habit of a happy heart.

Happiness is a habit, as unhappiness is a habit.

Would you be joyous? Assume the posture of joy.

Assume the posture of sorrow, and soon you begin to feel sorrowful. Act joyful, and you begin to feel that all is well. Sorrow is a recumbent figure, immobile and supine. But joy will not lie

still. Joy is dancing thoughts. Joy stands tiptoe at the top of the heart. Joy bounds for joyousness. Joy rushes to meet the object of its joy. Joy is action.

Would you be joyous? Be active. Put all you are into all you do. Live with the whole of you. Is the moment a great victory that you have dreamed of and labored for? Savor it. Is the moment a bit of passing sweet? Savor it no less.

If you give little of yourself, you will get little joy. The vessel you hold up to life, life fills. Hold up half a cup, and you will receive half a portion.

And how more can you give yourself to life than by love? To love is to live with the whole of you, for to love is to give yourself to what you love.

He who gave Himself to all said, "Love!"

Life is a river. Try to grasp it in your fingers, and it spurts through your fingers. Try to dam it up, and it overflows your dam. But give yourself to life, as a waterwheel gives itself to the river, and you will find that life and the joy of life give themselves to you.

Surely the highest joy is this: to do not your will but the will of the Lord of your being, taking from life what there is to take, giving to life what you have to give, doing what you have power to do, being what you were meant to be, not a little,

lonely, frightened, separate, aching self but used by the joyous One for the joyousness of all. To do this is to find joy in all seasons and circumstances, in the giving and the receiving, in the withholding and the pouring forth. To do this is to live each moment to the fullness of joy, yet to have forever; to be part of the infinite, yet to bring the self to a joyous flowering!

### AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or BALtimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.



*The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.*

*From California:*

In seeking employment recently my heart's desire was for time to study Truth as well as for mutual association. My prospective employer did not ask for reference. When I interviewed her she hired me on the spot. Later she told me that when I opened my purse she saw DAILY WORD and she knew that I was all right. She regularly subscribes to DAILY WORD and *Weekly Unity*.

*From Michigan:*

I am a widow, alone, and need a roomer to help defray expenses, but lately, I have had a difficult time getting a roomer. After a few unsuccessful attempts through advertising, I just "let go and let God."

Then, in a recent DAILY WORD the message for the day concerned the need of a roomer or someone's need of a room. It said that God would direct the searcher to that which he needed.

Within a few days a lady telephoned me and asked if she could come right away to see me about my room. She liked the room immediately, and within a week she moved in. I learned that she had been a student of Unity since 1927.

*From Michigan:*

I can't even recall where I picked up a half torn little DAILY WORD and began to read it. In it was a woman's own experience that told what DAILY WORD had done for her to completely cure her of a very serious condition. Just reading this one page over and over gave me new courage. This was seven years ago, and I've read DAILY WORD ever since. It enables me to carry on when I feel that all other help is gone, as it was when I found DAILY WORD.

APRIL 1

## Sunday

I PARTAKE OF THE SPIRIT OF EASTER AND  
FEEL THE RESURRECTING POWER OF GOD IN  
EVERY PART OF MY LIFE.

THE SPIRIT OF Easter is the spirit of life; it is the spirit of faith; it is the spirit of joy; it is the spirit of victory; it is the spirit of resurrection.

I enter into the spirit of Easter, I partake of the spirit of Easter as I think about life and faith, joy and victory, as I think about what the word resurrection means to me in my own life.

At Easter I rejoice in the resurrecting power of God that is at work in me and in my life. I think of the growth that I have made, of the overcomings that have been mine. I look at the green, new world about me, and I feel as alive as any green-  
ing tree, as urgent with growth and newness as the pushing blade of grass. At Easter I feel a new and resurrecting spirit. I feel that I am on an upward path, I know that the old ways need not bind me, that the past cannot hold me. I partake of the spirit of Easter. I rise in spirit and in faith, I am resurrected into a new consciousness of life today.

\* *I am the resurrection, and the life.*—JOHN 11:25.

# Monday

APRIL 2

MY MIND, BODY, AND AFFAIRS RESPOND TO  
THE HEALING, TRANSCENDENT CHRIST.

**T**HE HEALING, transcendent Christ is with me now. How uplifting and strengthening this realization is! Through Christ within me I can rise quickly and completely out of every limitation, every disappointing situation in my life, every inharmony of mind or body. My mind, body, and affairs are responsive to the healing, transcendent Christ.

I rejoice that I need not take with me into today the limitations, disappointments, or inharmonies of yesterday. I rejoice that I can rise to the consciousness that nothing is beyond the power of Christ to transcend and to heal.

Today I yield myself to Christ. I surrender my mind, body, and affairs wholly to Him. New faith, new courage, and new light fill my mind. New life and new strength fill my body. New blessings abound in my affairs.

Through Christ I am a new creature. Through Christ I enter into the spiritual healthfulness that is my divine heritage.

✦ *Wherefore if any man is in Christ, he is a new creature.*—II COR. 5:17.



APRIL 3

Tuesday

I SURROUND THOSE I LOVE WITH MY CONFIDENCE, BASED ON TRUTH.

WHAT greater gift can we give those we love than confidence, based on a realization of the truth that they are children of God, surrounded always by His protecting love, guided by His wisdom, uplifted by His joy! This can be the banner that our loved ones carry each day to conquer, each one his own problems.

With this confidence in our hearts we will not be guilty of holding others back with doubts or limiting ideas. Our faith in them grows as our faith in God grows. Knowing that we are all one with God and one in God, we will not try to hold others too close, but will give them confident freedom to find and follow the pattern of their lives.

Dear Father-God, it is through my faith in You that I can give my loved ones confidence. I would have them filled with Your love and wisdom, life and joy, peace and strength. Be with each one today, helping him meet his problems. And be with me also, my help in every need.

♣ *I rejoice that in everything I am of good courage concerning you.—II COR. 7:16.*

# Wednesday

APRIL 4

I ACCEPT THE MIRACLE OF PERFECT HEALTH  
THAT IS MINE AS A CHILD OF GOD.

**M**Y HEALTH comes from a strong, abiding consciousness that God is my unchanging life. God is my constant, instant supply of life and vitality. He is the source of the intelligence that governs every cell and organ of my body. He is constantly active in me, instantly available, and His life is eternal, unceasing.

I open my mind to God's thoughts of life and close it to negation. I keep my attention on positive thoughts, I keep an unwavering vigil of faith in the glorious truth of God's life and health now present in me. Regardless of how things look or seem, I will remember that with God nothing is incurable, that one disease is no more difficult to heal than another.

I accept the miracle of perfect health that is mine as a child of God. I keep my mind open to God's thoughts of life, strength, joy, and health. God's pure life and health are mine now, and I claim them now.

*The Spirit of God hath made me,  
And the breath of the Almighty giveth me life.*  
—JOB 33:4.

APRIL 5

## Thursday

IN EVERY SITUATION IN MY LIFE, I HAVE  
FAITH THAT GOD IS THE ANSWER.

I TURN to God instantly in every situation. I know that He is the answer; I know that He loves me; that He is the director of every department of my life. I know that He is helping and guiding me, so I let go of any worry or tension.

I say over and over to myself, "I have faith in God." I think of the situations I want to bless and see God in these situations, perfecting every detail, guiding me in every decision, harmonizing me with every person.

Truth is like a light that I need only take into any dark corner of my life and the shadows will disappear. When another person needs help, I will know that God is the answer to his needs too, and that God is helping him. This realization of Truth will strengthen my prayers for another, and it will be the finest gift I can give to him. God is even now with every one of His children, and I have faith in Him as the perfect answer to every need.

✦ *Your faith should not stand in the wisdom of men, but in the power of God.*—I COR. 2:5.

## Friday

APRIL 6

TODAY I TRANSFORM MY AFFAIRS BY THE  
RENEWING OF MY MIND.

**F**AR more important to my success and well-being than "pull" or outside influence are the thoughts that I think.

My prosperity and the condition of my affairs are the outpicturing of my thoughts concerning them, and I set about transforming them today. I transform my affairs by the renewing of my mind—that is, by changing my thinking. I change my thinking by changing the ideas I have held in mind concerning my affairs. In prayer, I turn to God and ask for new ideas concerning my prosperity and success. God is infinite and my supply of all good things is infinite. I realize that it is God's will that I be successful in all that I undertake. I realize that through Him my mind is inspired and refreshed.

Today I transform my affairs by the renewing of my mind. I fill my mind with ideas of the inexhaustible riches of God. My mind is renewed, and my affairs are transformed. I am prosperous and successful.

♣ *Be ye transformed by the renewing of your mind.*  
—ROM. 12:2.

6  
APRIL 7

## Saturday

I GIVE THANKS FOR THE FEELING OF SPRING  
IN THE AIR, AND FOR THE NEW LIFE THAT  
BUDS AND BLOSSOMS ALL ABOUT ME.

THERE is a spirit of order that regulates the universe; there is a pattern in which the seasons follow one after the other.

Spring is the season of the year when the earth comes to life. Plants put forth new shoots, and all around us things take on a fresh, green look. Trees that have been bare all winter show us that spring is here by the buds and leaves that begin to appear.

I give thanks for the order of the universe, and for the new life springing forth all around me. I thank God for this beautiful season that brings warmth to the earth, that arouses and calls forth growth in plant life. I give thanks for the life in every seed that stirs it into productivity when planted. I bless the hands of all those who plant the seeds, for I know that the faith in the heart that inspires the planting will help to bring forth a harvest of rich increase. I give thanks for the feeling of spring in the air, and for the new life it brings.

♣ *And God said, Let the earth put forth grass.*—GEN.  
1:11.

# Sunday

APRIL 8

THE LOVE OF GOD MAKES ME VERY PATIENT,  
VERY KIND.

“LOVE is very patient, very kind. Love knows no jealousy; love makes no parade, gives itself no airs, is never rude, never selfish, never irritated, *never resentful*; love is never glad when others go wrong, love is gladdened by goodness, always slow to expose, always eager to believe the best, always hopeful, always patient. Love never disappears. As for prophesying, it will be superseded; as for ‘tongues,’ they will cease; as for knowledge, it will be superseded. For we only know bit by bit, and we only prophesy bit by bit; but when the perfect comes, the imperfect will be superseded. When I was a child, I talked like a child, I thought like a child, I argued like a child; now I am a man, I am done with childish ways.

At present we only see the baffling reflections  
in a mirror,  
but then it will be face to face;  
at present I am learning bit by bit,  
but then I shall understand.”

♣ *Thus ‘faith and hope and love last on, these three,’ but the greatest of all is love.—I COR. 13:13 (Moffatt Version).*

THROUGH THE SPIRIT OF GOD IN ME I LEARN  
AND GROW AND UNFOLD.

ALL OF us want to improve ourselves, but sometimes we unconsciously resist change and growth and newness. Perhaps this is what Jesus was trying to teach us when He said, "Except ye . . . become as little children, ye shall in no wise enter into the kingdom." The little child is in a learning and growing stage of life. Everything is new to him; he approaches everything with a fresh and open mind.

Actually, we are no different from the little child, in that we too are in a learning and growing stage of life, no matter what our age. If we do not resist new ideas, if we meet life with a willing spirit and an open heart and mind, we shall discover that life is an ever-new experience; we shall expand our abilities, we shall gain new insight and deeper understanding.

Let us not become discouraged with ourselves or our progress, but let us face life joyously and enthusiastically, eager to learn and to grow and to improve.

♣ *Except ye . . . become as little children, ye shall in no wise enter into the kingdom.—MATT. 18:3.*

## Tuesday

APRIL 10

I AM CENTERED AND POISED IN CHRIST.  
NOTHING CAN DISTURB THE CALM PEACE OF  
MY MIND AND HEART.

**I**F I am to remain centered and poised in Christ, I must learn to balance my life with prayer. Through prayer, peace of mind and strength of heart are mine to meet the challenges of life with a calm, poised, and trusting spirit.

"I can of myself do nothing," said Jesus. He realized that of Himself He could not heal or bring peace to His followers. He attributed all power to God, and I must do likewise. With God's power, mighty in the midst of me, it is not difficult to remain courageous and depend on Him for peace and deliverance.

I do not seek to retreat from the problems of life or shed the responsibilities that confront me. Whatever is before me, the power of God is within me to sustain me. I fortify myself through prayer and remain poised, calm, and serene. Nothing can disturb me or dismay me. I have all faith in God to adjust any situation that confronts me.

✦ *Ye shall receive power, when the Holy Spirit is come upon you.—ACTS 1:8.*



APRIL 11

## Wednesday

TODAY I TRANSFORM MY BODY BY THE RE-  
NEWING OF MY MIND.

**M**Y BODY is the willing and responsive instrument of my mind. Far more important to the health of my body than any food I eat or any exercise I take are the thoughts I think.

In this realization I set about transforming my body to perfect health by renewing my mind—that is, by changing my thinking. I change my thinking by changing the ideas which I have held in mind concerning my body. In prayer I turn to God and ask for new ideas of health, wholeness, life, and strength. I think of my body as the radiant temple of the living God, and my mind is inspired and refreshed. Instantly I feel a warm flow of life and strength to every cell of my body.

Today I transform my body to wholeness and perfection by the renewing of my mind. I fill my mind with ideas of God's wholeness, strength, life, vitality, beauty, and love. My mind is renewed, and my body is transformed. I am a new creature.

✦ *Be ye transformed by the renewing of your mind.*  
—ROM. 12:2.



# April's Book

ELEANOR HALBROOK ZIMMERMAN

Now April's sunny book is opened wide,  
Scrolled with the gold of sun, and with the green  
Of new-sprung grasses standing in their pride  
Where yesterday but bare brown earth was seen,

And winds that turn her pages haste to show  
In happy preview, tulips in a line  
And poppies flaunting in a scarlet row  
The lovely purpose of her full design.

Though April in the heart has been a cry  
In deepest winter, now her days fulfill  
The dream we had of warm and sunny sky,  
Of leafing trees, and bird song on the hill,

And joy wells in us, joy in everything,  
As though God set a special seal on Spring.

# Thursday

APRIL 12

I SEE GOD AT WORK IN EVERY DEVELOPMENT  
IN MY LIFE.

I WOULD learn to look for God in every new development in my life. When these developments are exactly as I have desired, it is easy to praise and give thanks to God, seeing clearly His guiding love. When things go contrary to my limited ideas, however, it is harder to feel the presence of God. It is then that I must use my faith.

If one door has shut, then I must look for the door that God has opened. His plan for my life calls for achievement and success. If one way does not work out I know there is another way that will. And by following His way I shall develop abilities far beyond my dreams.

Dear God, give me today the wisdom and the understanding to perceive Your presence in every part of my life. Because I know that You are at work I can walk unafraid through every experience. I can joyfully face new challenges and solve the hardest problems. I thank You, Father.

♣ *And there are diversities of workings, but the same God, who worketh all things in all.—I COR. 12:6.*

APRIL 13

## Friday

GOD'S LOVE INFOLDS AND PROTECTS ME. IN  
HIS LOVE I SAFELY DWELL.

**Y**OU live in God and He lives in you, surrounding, infolding, protecting, and shielding you from all harm.

A feeling of joy and peace comes into your mind and heart as you rest in God's love. All fear leaves you. Tension, strain, feelings of aloneness are banished when you know that God guides you safely and unerringly through every moment of the day and night.

Whatever you do, wherever you may be, God is with you. Safe and secure in His love you walk joyously and fearlessly in paths of peace, happiness, and security.

As you dwell in the consciousness of God's loving care, it becomes easy for you to release those you love into His care also. Each dear one you intrust to God's care and keeping is surrounded by His love, protected by His power. You and those for whom you pray are drawn closer to the loving heart of God.

*He that dwelleth in the secret place of the Most High  
Shall abide under the shadow of the Almighty.*

—PSALMS 91:1.

# Saturday

APRIL 14

DIVINE ORDER AND HARMONY ARE ESTABLISHED IN MY MIND, BODY, AND AFFAIRS BY THE POWER OF GOD, MIGHTY IN THE MIDST OF ME.

IT is not always easy to forego negative thought habits, especially when we have followed a certain thought pattern for a number of years. However, God's power is mighty in the midst of us, and it becomes easier day by day to draw strength from Him. He will help us to discipline our thinking and to put good thoughts first in our minds.

Prayer keeps us tuned to the order, rhythm, and harmony of living. Prayer gives us the serenity and peace of mind with which to meet crowded days and to live a busy life with expectancy and joy. Our lives and affairs take on a pattern of order and harmony when we keep attuned to God.

Where formerly we allowed thoughts of ill health, fear, anger, resentment, or lack to dominate our minds, now we direct our thoughts into constructive channels.

*O Jehovah, in the morning shalt thou hear my voice;  
In the morning will I order my prayer unto thee, and  
will keep watch.*

—PSALMS 5:3.

APRIL 15

*Sunday*

THE CHRIST LOVE PROMPTS ME TO WEIGH MY WORDS WITH LOVE, KINDNESS, WISDOM, AND CONSIDERATION.

ALL of us have had the experience of speaking words that we wished we might recall, of speaking without thinking. The person who stops to think before he speaks is not apt to hurt the feelings of another, nor is he apt to find himself in unpleasant situations that tact and understanding would have avoided.

All of us admire the person who has a kind word for everyone, who seems to see some good in others, and to uphold that good even in the face of trying conditions. All of us can think kind and loving thoughts and choose our words carefully.

There are times when it is right for us to speak out, and we can know when this is right if we first stop to weigh our words with love, kindness, wisdom, and consideration. We can say whatever is necessary to say in a constructive way, knowing that our words inspire others to think the best and to express tolerance and understanding in expressing their thoughts.

♣ *A time to keep silence, and a time to speak.*—ECCLES. 3:7.

# Monday

APRIL 16

TODAY I GIVE THANKS FOR NEW WAYS TO  
SOLVE OLD PROBLEMS.

THERE is always a way to meet every problem successfully and triumphantly. When a problem fails to adjust readily and easily, I remind myself that I am not dependent on the insight and ideas I had yesterday to effect a solution. I turn to God in prayer and avail myself of new ways to solve whatever difficulty confronts me.

I can never exhaust the wealth of God ideas that are available to me when I open my heart and mind to His inspiration and guidance. Neither can I exhaust my ability to use God's rich ideas to create new and happier conditions.

I turn to God in prayer. I still my own thoughts, I let go of every troubled, anxious thought. My mind is quickened and illumined. Perhaps I have been looking for changes in the conditions around me, whereas what is needful is that I make changes in myself.

Whatever I need to do, whatever I need to know is revealed to me in prayer.

♣ *In nothing be anxious; but in everything . . . let your requests be made known unto God.*—PHIL. 4:6.



APRIL 17

*Tuesday*

I STIR UP THE GIFTS OF GOD WITHIN ME.

**F**EW OF us are able to look at our lives and say, "I have done all that I am capable of doing to make my life meaningful, productive, happy, and rich in achievement." Life is progression, and progression is life. There is always more that we can do to deepen and broaden our lives and make them increasingly purposeful.

God has given every one of His children talents and abilities that he can develop and use to take him another step forward toward fulfilling his life. Everyone has God's Spirit of life, love, and wisdom at the heart of his being, yearning for greater expression.

Let us turn to God in prayer and ask Him to help us stir up the gifts within us. Let us ask God to use us as channels through which His creative power and fruitful ideas may flow. As we pray we shall receive inspiration and guidance that will take us into new and larger fields of endeavor. We shall experience happiness and satisfaction in worth-while service and achievement.

✦ *My Father worketh even until now, and I work.*  
—JOHN 5:17.

# Wednesday

APRIL 18

WITH EACH NEW MOMENT I EXPRESS MORE  
OF THE CHRIST PERFECTION WITHIN ME.

**T**IME is my friend. I am not afraid of the passing moments, hours, and days, for with every ticking of the clock the infinite beauty and perfection of my indwelling Christ finds greater expression through me.

Time is that medium by means of which the indwelling Christ unfolds its infinite potentialities in orderly sequence. Tomorrow's disclosures are always more magnificent than today's, so the best is constantly yet to be. I rejoice in this.

I do not accept the belief that decline is inevitable, but I take my stand with Jesus who said, "I am the resurrection, and the life: he that believeth on me, though he die, yet shall he live."

Christ within me is a resurrecting and renewing spirit, and as long as I consciously live in Him, my mind and body will be continually charged and recharged with increasing vitality and life.

With each new moment I express more of the Christ perfection within me.

✦ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary.*—ISA. 40:31.

APRIL 19

*Thursday*

THROUGHOUT THE DAY I PRACTICE THE PRESENCE OF GOD. IN HIM IS FULLNESS OF JOY.

LET US not set aside just a certain time each day for prayerful communion with God, but let us make a practice of turning to Him many times throughout the day. Our Father-God's companionship is richly satisfying, strengthening, and peace-giving. Our Father-God's life, love, and understanding are freely given to us whenever and wherever we turn to Him.

Inwardly attuned to God, we are able to go about our busy everyday living confident, poised, and courageous, doing the things we long to do, being the persons we long to be.

Each time we turn in thought to God we expand in consciousness. We become more fully aware that God is always in the midst of us, renewing and perfecting our bodies, guiding our way, blessing our affairs with His abundance. As we become more and more aware of God ever with us, as we practice the presence of God, we experience unbroken joy in living.

*Thou wilt show me the path of life:  
In thy presence is fulness of joy.*

—PSALMS 16:11.

## Friday

APRIL 20

I DO NOT WASTE ANY ENERGY RESISTING CHALLENGES, BUT I USE MY ENERGY TO TRUST GOD TO GUIDE ME SAFELY THROUGH EACH CHALLENGE.

I DO NOT resist and struggle with the challenges that may confront me, but I trust the Father within me to guide me through each challenge in a beautiful way.

To resist and struggle with circumstances and personalities, is to magnify the difficulties and bind them close to me; but to lay down my weapons of resistance and struggle and use my energies instead to trust God to adjust all things, serves to harmonize whatever difficulty there may be.

The real difficulties I encounter do not lie in challenges themselves, but in my resistance to them and my struggle against them.

Therefore, I cease to battle with life. I do not feel that it is up to me to attempt to hold off challenging situations with my own mental powers. I realize that the "battle is not yours, but God's," and I trust Him in all things to guide me safely through to peace and victory.

♣ *Resist not evil.*—MATT. 5:39 (A.V.).

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APRIL 21

## Saturday

"HIS EYE IS ON THE SPARROW, AND I KNOW  
HE WATCHES ME."

**T**HE loving presence of God infolds you constantly. No matter where you find yourself His protecting love is there in all its fullness.

Right this moment as you read this page you are filled and surrounded with His healing Spirit, and His love is now protecting you from every harm. There is absolutely nothing in all the world for you to fear.

As a mother has an intuitive understanding for interpreting the cries of her little ones, so does your indwelling Father know your every need. Before you can even formulate a prayer, His love is already rushing to your aid. You are an object of God's tender love. There is no condemnation in Him for you. Whatever mistakes you have made, His faith in your divine potential is unchanged, and He is constantly using all of His loving power to help you to accomplish what you long to achieve.

God is your friend, and His love is your refuge.

♣ *I will in no wise fail thee, neither will I in any wise forsake thee.*—HEB. 13:5.

# Sunday

APRIL 22

GOD HEALS ME OF LONELINESS AND GRIEF  
AND SUSTAINS AND COMFORTS ME.

LONELINESS and grief may seem difficult to overcome. But if we remember that we are never alone, that God's love is always with us as a very present help, we can meet all things victoriously.

Daily prayer strengthens and sustains us. Instead of allowing our thoughts to travel aimlessly over the past, we purposely direct them into constructive channels. Each day we start afresh by saying to ourselves, "Today is a new day, a new beginning. I will keep my mind filled with peaceful, happy thoughts." We cease to brood over loneliness or grief. We know that every experience we meet in life, every change that occurs offers us opportunity to grow in spiritual understanding.

God heals us of loneliness and grief and sustains and comforts us.

With faith in God's all-providing love, we meet life's experiences triumphantly. We find the peace of true understanding.

✦ *I will turn their mourning into joy, and will comfort them, and make them rejoice from their sorrow.*  
—JER. 31:13.

# Monday

I BEHOLD THE PRESENCE OF GOD IN ALL PERSONS AND ALL THINGS, AND I PRAISE THE GOOD THAT I SEE.

**I**F I find myself becoming critical or disapproving of persons or conditions, I will lift up my vision and behold the presence of God. I will remember that within the heart of every person there is the desire to express the better part of himself; that within every situation there is some element of good.

Other persons are not helped by condemnation and criticism, and if I am to fulfill a helpful purpose I can best do so by keeping my vision centered on the presence of God, by thinking loving and constructive thoughts, and by speaking words of praise and kindness.

When I look for the presence of God in all persons and conditions, my vision beholds and dwells on the good. I find it easy to praise and bless everything and everyone. I find it easy to praise the good in all.

♣ *The good man out of the good treasure of his heart bringeth forth that which is good . . . for out of the abundance of the heart his mouth speaketh.*—LUKE 6:45.

## Tuesday

APRIL 24

CHRIST IS THE WAY, THE TRUTH, AND THE LIFE. CHRIST IN ME IS THE VICTORY.

IT is truly liberating to realize that we need not succumb to depressing thoughts and feelings, or to depressing situations. Radiance, cheerfulness, harmonious affairs, and a productive life are spiritual goals to which all of us can aspire with confidence.

Let us accept the Truth that we are God-equipped to rise to a victorious level of thinking, feeling, and living. God has given us an overcoming Spirit, the undefeatable Spirit of Christ. Through the Spirit of Christ in us we have ready access to strength and power.

As we pray, we realize that Christ is our strength, power, and light. We have only to believe, only to accept His presence working in and through us.

Let us turn to the Spirit of Christ within us in utmost faith and receptivity. Let us lay aside our doubts and fears, our feelings of unworthiness and inadequacy. Christ will redirect and re-motivate our lives.

♣ *I am the way, and the truth, and the life.*—JOHN 14:6.



APRIL 25

## Wednesday

THROUGH THE WISDOM AND LOVE OF GOD  
THERE IS A SOLUTION TO EVERY PROBLEM  
AND HEALING FOR EVERY NEED.

**T**O THOSE of you the world over who begin your day, just as we do in Silent Unity, with DAILY WORD, we assure you of our prayers for you. Regardless of whether your prayer is for yourself or another, whether you live near Unity School or half way around the world from us, you may be sure that the moment your thoughts turn to us our prayers reach out to infold you. We pray for you in the faith and assurance that God's wisdom and love are greater than any human need.

We think of this day as an opportunity to demonstrate the goodness of God. As you pray with us give your every concern into His loving care; free your mind from anxiety by surrendering everything to Him. In so doing you will make way for the strength and courage that are needed in meeting life's challenges, and your faith and radiant spirit will be a blessing to everyone about you.

*The blessing of Jehovah be upon you;  
We bless you in the name of Jehovah.*

—PSALMS 129:8.

# Thursday

APRIL 26

MY FAITH IS ESTABLISHED IN GOD'S UNFAILING GOODNESS.

**H**AVE YOU ever felt happy and at peace with the world, only to be thrown out of sorts by some other person who came to you feeling negative and depressed and discouraged with himself and everyone else? Most of us have had this experience, and we know that it is not always easy to keep from falling into a negative state of mind.

But it is important that we learn to keep our poise, to keep a constant and steady belief in the perfection of God's will for all His children.

It helps us to keep this state of mind if we remember that the person who is downcast, who is negative in his outlook, who is depressed, is not seeking confirmation of his state of mind, regardless of what he says. What he is seeking, though he usually does not know it, is a faith, a belief in the underlying goodness of life. We can help him to find what he is seeking by silently blessing him when he comes to us, and by knowing that he too has God's Spirit within him.

♣ *When they cast thee down, thou shalt say, There is lifting up.*—JOB 22:29.

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APRIL 27

## Friday

THIS IS GOD'S WORLD. HIS PRINCIPLES OF JUSTICE, ORDER, AND HARMONY ARE AT WORK IN ALL PERSONS AND CONDITIONS.

I WILL not be discouraged or dismayed by apparent injustice; I will not be confused by the inconsistency of human thought and behavior. I will keep my faith steady and my thoughts composed by keeping my mind centered in God. In spite of appearances I will remind myself that this is God's world, that His principles of justice, order, and harmony are at work in all persons and conditions. I will remember, too, that all of us are growing and unfolding, that we are at different levels of consciousness, and that even though some may seem a long way from light and understanding, not one of God's children is outside the circle of His love.

If there is some situation that seems unjust or unfair, instead of adding my feelings of unhappiness or distress to it, I will add a blessing, I will pray for the situation and all concerned. I will give thanks that the Spirit of God can be trusted to establish justice.

♣ *I will pray with the spirit, and I will pray with the understanding also.*—I COR. 14:15.

# Saturday

APRIL 28

I AM GRATEFUL FOR EVERY BLESSING IN MY LIFE.

I LIVE in a constant spirit of gratitude to God for the many blessings He has showered upon me. There is so much to be thankful for! The few inharmonies are nothing in comparison to the hundreds of blessings that come to me from every direction. Even when apparent adversity seems to take the upper hand I pause for a moment and express gratitude for whatever lessons this adversity contains. When I express such gratitude for the opportunity to learn and grow strong, those things which seemed obstacles become steppingstones to greater freedom.

O heavenly Father, fill my heart with gratitude. Increase my capacity to be grateful to Thee. Help me to realize that as I am continually grateful for what I do have, however small or inconsequential it may seem, this gratitude keeps the channels of my being open to Thy infinite reservoirs of good.

*Make a joyful noise unto Jehovah . . .  
Serve Jehovah with gladness:  
Come before his presence with singing.*

—PSALMS 100:1, 2.

# Sunday

I OPEN MY EARS; I OPEN MY EYES; I OPEN MY HEART; I OPEN MY MIND TO THEE, O LORD.

**I** TURN to Thee in prayer, Lord. I still my body; I still my mind; I still my thoughts; I still my desires. In the living silence of our deep communion I touch Thy eternal presence.

I open my ears that I may hear Thee; I open my eyes that I may see Thee; I open my heart that I may feel Thee; I open my mind that I may know Thee, the one true God.

Thou art the one power, the one presence, the one true God in all the universe. Thou art the one power, the one presence, the one true God of my being. In Thee I live and move and have my being. Thou art the Lord, my God. Thou only, do I worship.

Fill my ears with the harmony of Thy voice; fill my eyes with the light of Thy glory; fill my heart with the warmth of Thy love; fill my mind with the knowledge of Thy wisdom; fill my life with the peace of Thy presence.

I open my ears, I open my eyes, I open my heart, I open my mind that I may know Thee, the one true God.

♣ *I am God, and there is none else.*—ISA. 45:22.

# Monday

APRIL 30<sup>1</sup>

THE JOY OF THE LORD FINDS EXPRESSION IN ME AS SATISFACTION IN ACCOMPLISHING PROMPTLY AND EFFICIENTLY ALL THAT IS BEFORE ME.

**M**ANY persons get into the habit of putting off until tomorrow the things that can and should be done today. Those who form this habit seem always to be waiting for tomorrow to come in the hope that it will make the task easier or that help in doing it will come. Every day brings duties for most of us, and when some are put aside for another day there is seldom time to accomplish the things that are before us.

If we are to get the most out of each day we must learn to do our work as it comes, to perform our tasks at a given time, and to make every effort possible to accomplish the goal that is ours. New opportunities come with each day and in order to make progress we must do our best to try to complete the tasks before us. Circumstances do at times compel us to put things off, but the right attitude toward the delayed task brings us back to it at the first opportunity. What a sense of satisfaction is ours when we do a job and do it well!

✦ *Let all things be done . . . in order.*—I COR. 14:40.

## DIRECTORY OF UNITY BOOKS

(These books are \$1 each unless otherwise stated)

### FOR BEGINNERS

A More Wonderful You  
Be! (*new*)  
Beginning Again  
Doctor Houston Speaking  
Favorite Unity Radio Talks  
God a Present Help  
God Is the Answer (*Dutch or English*)  
How I Used Truth (*German or English*)  
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Lovingly in the Hands of the Father  
Myrtle Fillmore's Healing Letters  
New Ways to Solve Old Problems  
Peace Begins at Home  
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The Story of Unity  
Things to Be Remembered  
Whatsoever Ye Shall Ask

### FOR HEALING

Christian Healing (*English or German*)  
Divine Remedies (*French or English*)  
Jesus Christ Heals  
Truth Ideas of an M.D.  
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Unity Vegetarian Cookbook (*new*)  
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As You Tithe So You Prosper (50c)  
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Atom-Smashing Power of Mind  
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Have We Lived Before?  
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Selected Studies  
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Adventures of the Seven Spartans  
Barky's New Home  
Barky and His Friends  
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Jet and the New Country  
Jet's Choice  
Teach Me to Pray  
Thank You, God

## A REAL HELP FOR SUNDAY-SCHOOL TEACHERS

"I have enjoyed the *Unity Sunday-School Leaflet* so much," writes a Unity friend in Washington, "that I am renewing my subscription and ordering one for a friend. My niece, who teaches Sunday school, uses the *Leaflet* and says it explains the lessons so well. I can say as well that it is a real help. I have recommended it to a lot of my friends."

If you teach Sunday school, you too will appreciate the *Unity Sunday-School Leaflet*. Planned for use by teen-agers, it also gives much valuable material to aid you in preparing a lesson for any age group. Each week it includes the Bible text (International Sunday School Lessons), "The Lesson Story," "What the Lesson Teaches," a "Memory Verse," questions, a "Frank and Frankie" story, and other helpful features. You also receive a monthly *Teachers' Section* giving references and other teaching aids. You can have the *Leaflet's* valuable help for only \$1 a year. It also makes an excellent gift for anyone who cannot attend Sunday school and wishes to study at home.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI



## "AVENUE TO OPPORTUNITY"

How would you feel if a novel you had written years before were dramatized on the air with neither consultation with you nor payment for radio rights? This is the situation of the author in the article "Avenue to Opportunity," by Kay Lipke Warren, appearing in April *Good Business* magazine.

"Why, how dreadful!" was a friend's comment. "You'd better hire a good lawyer at once. It sounds as if someone is trying to cheat you out of your radio rights." But the right course, after she discussed it with her husband, seemed to be a friendly letter to the station where the program had originated. You will enjoy reading how this action was rewarded, as well as the many other features that *Good Business* offers each month. A year's subscription, twelve issues, is \$1.

### UNITY CENTERS

If you would like to attend a Unity center, consult your phone directory, or write to Unity's Field Department for the location of the Unity center nearest you.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## "SOME WONDERFUL BLESSINGS"

"I have had some wonderful blessings," writes a Unity friend in Indiana, "since starting my first Prosperity Bank some months back. Since beginning this last one, we have moved into the new home we have built. It is in a lovely neighborhood, and I am so happy in it."

As you follow the Bank plan, Silent Unity prays with you for your prosperity. To order your Bank and full instructions for use, mail the coupon below to:

UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI

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Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

1. Name \_\_\_\_\_  
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## THREE BOOKS FOR MOTHER'S DAY

Mother's Day is May 13 this year, and here are three \$1 Unity books that will make nice gifts for this occasion:



**Be!**—James Dillet Freeman's newest book, introduced just last fall, is proving to be immensely popular. Some of his best-liked poems are included, together with helpful short articles, making it especially suited for gifts. \$1 a copy.

**Favorite Unity Radio Talks**—This book collects twenty-seven of the most popular "Unity Viewpoint" messages given on Unity's regular radio program. They cover a wide variety of subjects and were written to help people live happier, more successful lives. \$1 a copy.

**Best-Loved Unity Poems**—A volume of good cheer and inspiration to give the right word of comfort for a friend or to assist in planning an uplifting Truth message for meetings and special occasions. Classified by subject, author, and title, its poems include selections by Frank B. Whitney, Ernest C. Wilson, James Dillet Freeman, and others. \$1 a copy.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## *Purple for Victory*

MARTHA SMOCK

What is the color of Easter?

The purple of majesty;

Purple for triumph over death;

Purple for victory!

What is the flower of Easter?

The lily with blooms of white;

Like the dazzling robe of the risen Lord

They catch and hold the light!



